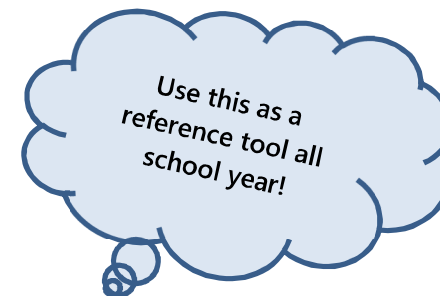




District Nurses Office
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PLEASE KEEP CHILDREN HOME FOR:

- Fever greater than 100.5
- Vomiting (in last 24 hours)
- Diarrhea (3 times in one day)
- Colored drainage from eyes or ears
- Brown/green drainage from nose with fever or complaints of illness
- Stiff neck or headache without fever
- Any undiagnosed rash, with or without fever
- Difficulty breathing or shortness of breath
- Skin lesions that are weepy (fluid or pus)
- Unusual behavior change, such as irritability, lethargy or somnolence
- Jaundice (yellow color to skin or eyes)
- Symptoms or complaints that prevent the student from participating in his/her usual activities, with or without the presence of fever
- Student requires more care than the school staff can safely provide



SOURCE: Oregon DHS, Public Health Division



HEALTHY CHILDREN ARE BETTER LEARNERS! ALL CHILDREN NEED:

- 8 hours of sleep daily
- A healthy, well balanced diet
- Regular physical activity
- Support for good physical and mental health

KEEP ALL HEALTH & EMERGENCY CONTACT INFORMATION CURRENT IN THE SCHOOL OFFICE:

- Phone, address and emergency contact persons
- New and changing health conditions that may cause learning or safety concerns at school (examples: diabetes, seizures, head injuries, toileting)
- Occurrence of communicable disease (examples: chickenpox, hepatitis A)
- Updated immunizations

HEALTH INFORMATION IS SHARED ONLY WITH SCHOOL STAFF WHO NEED TO:

- Manage your child's needs at school
- Develop an individualized education or accommodation plan
- Parents may generally access their child's record and can request amendment if they believe the record is inaccurate, misleading or in violation of the child's rights of privacy.

POLICY FOR MEDICATION ADMINISTRATION AT SCHOOL IS FOCUSED ON SAFETY

Policy applies to all students K through 12

- Only medication that is necessary for the student to remain in school is permitted.
- No verbal requests or instructions will be taken over the phone or in person regarding student medication administration.
- Students may not keep medication with them unless they have been identified as a self-manager, have proper forms signed by parent, and are cleared by the principal to do so.
**Students are not allowed to self-administer controlled substances (Example: ADHD and narcotic pain medications).

For prescribed and over-the-counter medications parent/guardian must:

- Provide written permission (forms available in school office).
- Deliver all medication in person (or with another responsible adult) to the school office.
- Bring medication in original container. For prescriptions, ask pharmacy for extra bottle for home and school. Label over-the-counter medications with the child's name.
- Ensure the school has an adequate supply of medication.
- Pick up medication when no longer needed at school or at the end of the school year (whichever comes first). All medication not picked up by end of year will be destroyed.

Refer to LCSD policy JHCD-AR

Administering Noninjectable Medicines to Students



Please feel free to contact the District Nurse's office to discuss any concerns regarding your child's health care needs. Here's to a safe and healthy school year!

THE DISTRICT'S REGISTERED NURSES CONNECT HEALTH AND EDUCATION:

Frequently Asked Questions:

How many District Nurses does LCSD have?

- LCSD currently has two Registered Nurses.

Does my child's school have a nurse in the office?

- No. Each school has a Health Assistant.

Who is a Health Assistant and what do they do?

- Health Assistants are Unlicensed Staff who are trained in Basic First Aid/CPR. They are also able to perform certain medical tasks under the direction of the District Nurse. They are able to administer daily medications, coordinate student health screenings and act as a liaison between parent/guardian and District Nurse.

So what can the District Nurses do?

- Perform physical assessments (Examples: listen to the heart, look in the ears, take blood pressure).
- Obtain information needed for school safety and success (such as health information, medical diagnosis and treatment).
- Analyze student health records.
- Consult with health care professionals (with parent/guardian permission).
- Assist, coordinate and oversee care of students with individualized physical and mental health needs.
- Train school Health Assistant and staff to help with emergent and special health needs at school.
- Promote safety, growth and development, mental, emotional and physical wellness (for individuals or groups, in activities as health screenings, special projects, or risk assessments).
- Promote communicable disease prevention.

Refer to Oregon Administrative Rule 851-047-0030